

SAINT CLAIR AREA ELEMENTARY/MIDDLE SCHOOL
227 South Mill Street
Saint Clair, PA 17970

Dear Parents/Guardians,

The Saint Clair Area School District annually presents a Developmental Guidance Class entitled: “Growing Up and Liking It” to all fifth grade students. This program teaches about the normal physical, social, mental, and emotional changes of early adolescence. The following topics will be presented:

For girls: Female development, reproductive system, hygiene and the menstrual cycle.

For boys: Male development, puberty and hygiene.

Please know the videos are available for parental preview upon request.

The class will be presented to the girls by Mrs. Melissa Carr, Certified School Counselor and Mrs. Michele Turnitza RN, Certified School Nurse. The boys’ class session will be presented by Mr. Shane McGrath, Health and Physical Education Teacher.

We feel that this general informational class is important for all of our boys and girls at this time when their bodies, minds, and emotions are beginning to change. If you have any questions regarding “Growing Up and Liking It”, please contact Mrs. Turnitza at the Saint Clair Area Elementary/Middle School at (570) 429-2716 ext. 207 or turnitza@saintclairsd.org.

Sincerely,

Mrs. Michele M Turnitza RN, BSN, NCSN